



Hello,

My name is Rhona I have attended Jeanne Ames' CCDH Master Class today Monday 25th October 2010.

Today's workshop has been so inspiring. I have enjoyed working with colleagues on the course, having their support. My confidence has increased, I feel more in charge of my own thoughts, more competent.

Jeanne has a way of helping you to empower yourself.

I have felt loved and supported on yet another leg of my journey.